

# The impact of 2 hours of energy storage on power generation





## Overview

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How does storage shift energy in time?

Storage shifts energy in time. Storage can act as either generation or consumption, helping to maintain the balance between supply and demand at different time scales. For example, storage can provide capacity which contributes to resource adequacy during stress periods on the system.

Is energy storage the future of power systems?

It is imperative to acknowledge the pivotal role of energy storage in shaping the future of power systems. Energy storage technologies have gained significant traction owing to their potential to enhance flexibility, reliability, and efficiency within the power sector.

Why are energy storage technologies important?

Energy storage technologies have been recognized as an important component of future power systems due to their capacity for enhancing the electricity grid's flexibility, reliability, and efficiency. They are accepted as a key answer to numerous challenges facing power markets, including decarbonization, price volatility, and supply security.

What are the benefits of energy storage systems?

The deployment of energy storage systems (ESS) can also create new business opportunities, support economic growth, and enhance the competitiveness of the power market. There are several ESS used at a grid or local level such as pumped hydroelectric storage (PHES), passive thermal storage, and battery units [ , , ].



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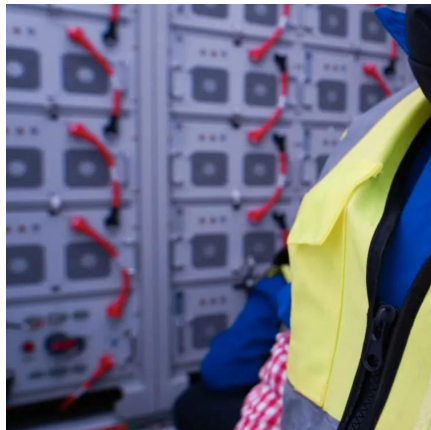
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